

Bluebird Behavioral Health  
309 S. 7th St, Suite C, Adel, IA 50003  
Phone: (515) 334-7755 Fax: (515) 809-3855

### AUTHORIZATION FOR RELEASE OF HEALTH INFORMATION

Patient name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Any previous names under which the records may be kept: \_\_\_\_\_

I, the undersigned, voluntarily authorize and request, Adel Mental Health/Bluebird Behavioral Health to

- Release to:**  
 **Request/Obtain from:**

Organization/Individual: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

**For the following use, purpose, or need:**

- Collaboration of care and services  
 Transfer of care  
 Communication with family member  
 Other \_\_\_\_\_

**This authorization is effective for:**

- Twelve months from the date on which it is signed  
 Indefinitely until revoked

**The following information may be disclosed:**

- Complete records.  
 Office Notes  
 Communication Only  
 Other \_\_\_\_\_

**Specific Authorization for Release of Information protected by State or Federal Law**

**Please *initial* next to each to authorize the specific release of each of the following:**

\_\_\_\_\_ Mental Health \_\_\_\_\_ HIV/AIDS \_\_\_\_\_ Substance Abuse/Alcohol/Drugs \_\_\_\_\_ Genetic Testing

\_\_\_\_\_  
**Signature of Patient/Legal Representative**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**If Legal Representative, Relationship to patient**

I understand that I have the right to request a copy of this form after I sign it. I understand that I may refuse to sign this authorization or revoke this authorization at any time. I understand that this authorization is subject to written revocation at any time; however, I understand that revocation of this authorization will not affect any actions taken before the revocation was received or actions taken in reliance thereon. I also understand that if I revoke, the revocation will take effect on the day it is received by the entity from whom disclosure is sought in writing. I agree that the information may be faxed or emailed for expediency. Uses and disclosures of protected health information may be permitted without prior consent in the event of an emergency, when a provider is required by law, to healthcare providers who have indirect relationships with the patient, such as laboratories, health plans, and healthcare clearinghouses. Prohibition of Redisclosure - This form does not authorize the redisclosure of medical information beyond the limits of this consent. Where information has been disclosed from records protected by federal law for alcohol/drug abuse records or by state law for mental health records and HIV/AIDS test results, federal requirements (42 C.F.R. Part 2) and state requirements (Iowa Code ch.228 & ch.141) prohibit further disclosure without specific written consent of the patient, or as otherwise permitted by such law and/or regulations. A general authorization for release of medical or other information is not sufficient for these purposes.

**NOTE: PHOTOCOPY OF THIS SIGNED AUTHORIZATION SHALL BE AS EFFECTIVE AS THE ORIGINAL.**